

Cervical Cancer

Mrs. Faraday is a 35 y.o who comes to your G.P clinic for a regular check up. She is otherwise well, but is concerned about cancer of the cervix as she read an article in the local newspaper about cancer of the cervix.

What will you like to ask Mrs. Faraday specifically on the issue of Cervical Cancer.

Bleeding	Inter-menstrual bleeding - none	0.5	
	Post-coital bleeding - none	0.5	
	Post-micturition, post-coital - none	0.5	
Discharge	- none	0.5	
Pain (late sign)	- none	0.5	
Symptoms of Metastasis (bone pain, urine incontinence, fecal incontinence)	- none	0.5	
Menstrual History	- normal	0.5	
Past history of abnormal bleeding		0.5	
Medication	OCP	0.5	
Smoking	A smoker of 10 years	0.5	
Sexual History	Stable partner - multiple boyfriends (risk factor)	0.5	
	Contraception - no condoms	0.5	
Previous pap smears		0.5	
	Last Pap Smear - 3 years ago	0.5	
	Whether abnormal pap smear results - none	0.5	
			Max / 5.0

What examinations will you perform & what will you specifically look for?

Speculum Examination		0.5	
	Patch or Ulceration	0.5	
	Nodule / Polyp	0.5	
	Vaginal discharge	0.5	
	Bleeding and contact bleeding	0.5	
	Cervical tenderness	0.5	
Bimanual Pelvic Examination		0.5	
Abdominal Examination		0.5	
			Max / 4.0

Your examination was normal, what will you perform next?

Pap Smear		1.0	
			Max / 1.0

What equipment will you need?

Gloves		0.5	
Slide		0.5	
Pencil		0.5	
Speculum (+/- KY Jelly)		0.5	
Wooden Spatula		0.5	
Cervical Brush		0.5	
Alcohol Fixative		0.5	
			Max / 3.0

How will you perform a pap smear- Please describe

1. Explain to the patient the procedure / necessary chaperone		0.5	
2. Label the slide with the pencil (Surname and initial)		0.5	
3. Position the patient (dorsal position or left lateral) and exposure with draping		0.5	
4. Warm speculum under warm water (+/- necessary KY Jelly)		0.5	
5. Insert speculum and visualize cervix		0.5	
6. Use wooden spatula and rotate 360 degrees twice (ectocervix sample)		0.5	
7. Smear ½ the slide with the wooden spatula		0.5	
8. Use cervical brush and rotate 360 degrees twice (endocervix sample)		0.5	
9. Smear on the unused ½ of slide		0.5	
10. Spray with alcohol fixative 30cm away and allow to dry		0.5	
11. Provide tissues to patient to clean		0.5	
12. Fill in necessary documentation carefully.		0.5	
			Max / 6.0

How often should Mrs. Faraday have a pap smear?	Every 2 years	1.0	
			Max / 1.0

Total / 20